Ruh

A FILM BY PRASHANT SINGH RATHORE

A lonely engineer seeks companionship. When Rachna enters his life, he begins to make room for love in a world he has learned to live alone.

HINDI / ENGLISH SUBTITLES / 25:25



Making room for another person.

Purushottam, a lonely engineer, seeks help from a psychiatrist in the hope of finding companionship. When Rachna enters his life, love begins to change his familiar routine.

Ruh is an original sci-fi romance about loneliness and the expectations we bring to love. With echoes of the Sufi tradition of Laila and Majnu, it asks whether longing for someone is the same as seeing them for who they are.

IMDb FilmFreeway

PRODUCTION

India / 2025

FORM

Short / Sci-fi romance

RELEASE

Not yet publicly released.
Screeners available on request.

Why I wrote Ruh.

I began writing Ruh after watching women from an older generation around me. Their lives often seemed to be shaped around what a husband or partner needed. I wondered how much room was left for their own wishes, anger, pleasure and sense of self. It made me think about how easily a man can mistake the woman he needs for the woman she actually is.

My own lonely days became part of the writing too. I knew the wish to have someone beside me. I wanted to look at that need honestly, including what it can ask of another person.

The connection to Laila and Majnu came later. In the Sufi tradition around their story, I found the idea of a love so consuming that the boundary between lover and beloved begins to blur. It helped me find the film's form, but the writing had begun with those women and my own questions about loneliness.

As I wrote, those thoughts began to connect: the women I had seen living around a partner’s needs, my own desire for companionship, and the longing in Laila–Majnu. Science fiction gave me a way to ask how far we might go to have the love we want, and what room that leaves for the person we claim to love.

PRASHANT SINGH RATHORE



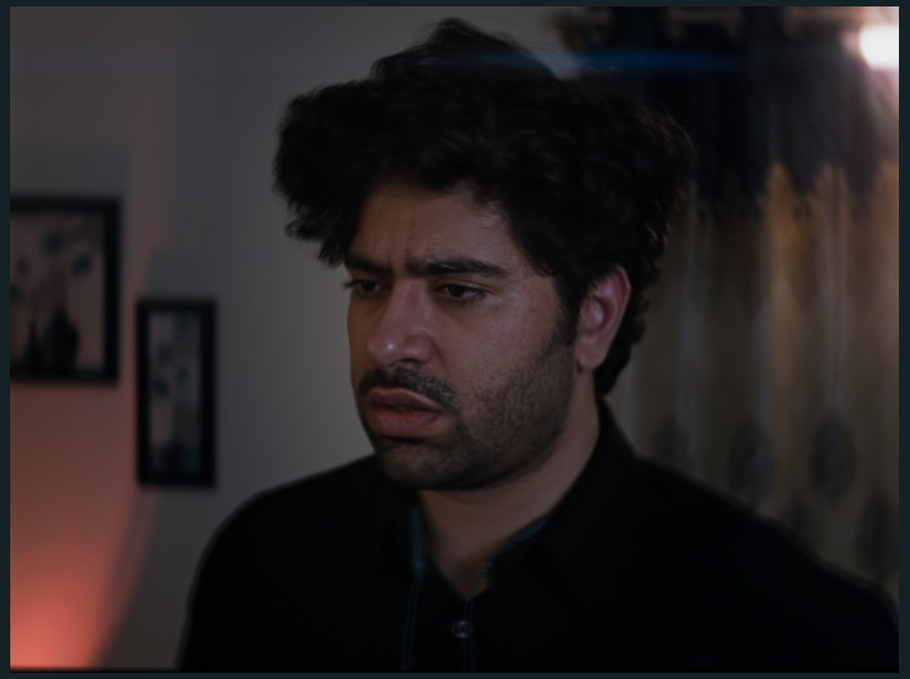
Pranwat Singh Syali and Yamuna Kali



Yamuna Kali

A selection made for cinematography and performance. Original-resolution files are included in the kit.

STILLS: RUH / THEA EXPERIENCE CINEMATOGRAPHY: SARVESH MB



Pranwat Singh Syali



Mann Chattbar



Pranwat Singh Syali and Yamuna Kali



Shershta and Pranwat Singh Syali

Recognition.

2027

Jaipur International Film Festival

Nominated for competition and awards

Short Fiction; screening not yet confirmed

2026

Critics Society Film Festival

Winner

Best Sci-Fi

2026

Indian Independent Film Festival

Winner

Best Science Fiction Film / Fantasy Film, April-May edition

2026

Bangkok Movie Awards

Three category wins + critics award

Amateur Film; Postmodern Film; Romantic Short; Experimental Film critics award, April edition

2026

Los Angeles Fantasy Fest

Nominee

Best Cinematography

Full category details and evidence links are in recognition-register.txt.

Recognition.

2026

Golden Lion International Film Festival

Winner

Best Sci-Fi Short Film

2026

Imagination Films International Festival

Winner

Best Experimental Film

2026

Roshani International Film Festival

Winner

Sci-Fi

2026

Athens International Monthly Art Film Festival

Honorable Mention + Finalist

Best Experimental Film (honorable mention); Best Short Film (finalist)

Full category details and evidence links are in recognition-register.txt.

Recognition.

2026

Caravan International Film Festival

Honorable Mention

Science Fiction Film

2026

Beyond Border International Film Festival

Honorable Mention

Science Fiction Film

2026

Janjira International Film Festival

Official Selection

2026

Golden Bridge Istanbul Short Film Festival

Official Selection

Full category details and evidence links are in recognition-register.txt.

The people behind Ruh.

WRITER / DIRECTOR / EDITOR / PRODUCER

Prashant Singh Rathore

CINEMATOGRAPHY

Sarvesh MB

PURUSHOTTAM K

Pranwat Singh Syali

RACHNA K

Yamuna Kali

DR. SAMEERA K

Mann Chattbar

ARYA K

Shershta

Prashant Singh Rathore is a filmmaker, software engineer and UX designer. He founded Thea Experience and wrote, directed, edited and produced Ruh. He co-directed KOAN: The First Murderer with Nikita Bardhaan. He is now building Kwark, a filmmaking app.

PRESS / SCREENING ENQUIRIES

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READ THE ATHENS REVIEW

Please keep published descriptions and excerpts spoiler-free.